



OLD COLLEGIANS RUGBY UNION CLUB

Tregenza Times

29th June 2017

Round Nine—Results

Coopers Premier Grade—Old Collegians 38 vs Souths 12

Premier Reserve Grade—Old Collegians 39 vs Souths 10

Division 1—Old Collegians 0 vs Ade Uni 20 forfeit

Women's XV—Old Collegians 20 vs Souths 0— forfeit

Under 18's - Old Collegians 26 vs Souths 14

Under 16's - Old Collegians 17 v Souths 47

Under 14's - Bye

Under 12's - Old Collegians 19 vs Elizabeth 26

Round Ten - July 1st Fixtures

Premier Grade

3.20pm Port Adelaide vs Old Collegians

Premier Reserve

2.00pm Port Adelaide vs Old Collegians

Women's

12.40am Burnside vs Old Collegians
At Riverside

Under 18's

1.40pm Barossa vs Old Collegians

Under 16's

12.30pm Barossa vs Old Collegians

Under 14's

11.30am Barossa vs Old Collegians

Under 12's

10.30am Barossa vs Old Collegians
At Lyndoch

Under 10's Blue

9.40am Barossa vs Old Collegians
At Lyndoch

Under 10's Reds

9.30am Burnside vs Old Collegians
At Womma Reserve

Under 8's

8.50am Barossa vs Old Collegians

Under 6 & 7's

8.50am Barossa vs Old Collegians
At Lyndoch

Up Coming Events

July 8th: Sponsors Day and Curry Night

July 16th Crippled Crows @ Tregenza

July 22nd: Movie Night—Juniors

July 29th: Ladies Day & Tight & Bright
Bob Burgess Cup

OLD COLLEGIANS 80TH YEAR

The Heat is On !!

OC Curry Night is Back for 2017

Saturday 8th July from 6.30 pm

Your chance once again (or for the first time) to strut your kitchen prowess and show us what you (and your curry) are made of !!

Try your luck – you could be the winner of the **OC Curry Cup**.

To enter the Competition - all you have to do is:

Make a Curry for 6-8 people (meat or vegetarian) using fresh ingredients (no jars or tinned curry bases).

The club will provide rice and accompaniments.

To register your entry – contact Sue Thewlis on 0431 566 116 or email to

secretary@oldcolls.org.au



A non-curry dish will be available for those who want to stay for the fun.



Chicken Vindaloo

Origins of Chicken Vindaloo

Vindaloo is a very popular chilli and vinegar based fiery hot dish from Goa, on the western coast of India. Vindaloo is popular not only in India, but also among the Europeans and other westerners. You can use any type of meat such as chicken, beef or pork or even with seafood in your Vindaloo. Or perhaps just make it with vegetables for the non meat eaters amongst us. Goa was occupied by the Portuguese for a number of years and so naturally, the Portuguese style of cooking has a marked influence on the local dishes and [Indian food recipes](#) of Goa. Some people include 'aloo' (potatoes) in this recipe, but the original vindaloo dishes do not have aloo. Try cooking this simple recipe for Chicken Vindaloo.

Ingredients:

1 kg. diced chicken
1 tbsp coriander seeds
1 tsp. cardamom seeds
1 tsp. whole black peppercorns
12 nos. whole cloves
1tbsp. chilli powder
4 cinnamon sticks
2 tsp. fenugreek seeds
2 tsp. ginger, fresh, minced
2 tsp. cumin seeds
2 tsp. mustard powder
2 tsp. turmeric powder
2 tsp. salt
2 tsp. garlic, minced
1 cup vinegar, or cooking wine
4-6 tblsp vegetable oil
2 onions medium chopped
4 bay leaves
300 ml. water

Directions:

1. Gently roast the dry spices from coriander seeds through to cumin seeds for about 5 minutes in a fry-pan on low heat. Then mix in a blender with mustard, turmeric, salt, garlic and the vinegar to form vindaloo sauce. Add a little water if necessary.
2. Marinate the chicken in this vindaloo sauce for over 8 hours in a non-metallic bowl.
3. Heat oil and sauté bay leaves and onions until soft. Remove and set aside.
4. Fry the marinated chicken for a few minutes, adding more oil if necessary. Add the remaining vindaloo sauce, sautéed onion, and water.
5. Simmer till the chicken is tender (stirring well) and the curry is thick. Add salt and chilli to suit your taste if necessary.

Garnish with fresh coriander leaves and serve with steamed Basmati rice.

There you go, a great Indian food recipe for Chicken Vindaloo - enjoy!

Photographs from the 1960's



A-Premiers-1967



B Grade-Premiers-1966



1965 Final vs Black Forest



OLD COLLEGIANS 80TH YEAR

Coopers Premier Grade Match Report

Old Colls 38 v Souths 12

Tries: Will Hannam, Jeshua Graham, Jack Darby, Chris Bartlett, Liam McDonough, Jim Hopkinson
Conversions: Jim Hopkinson (4)
Best Players: Riady Perdana, Chris Bartlett, Will Sadler

The first grade secured a bonus point win in the second encounter with Souths, showing some enterprising play and solid defence, but at times struggled in a stop/start game in which the abrasive defence from the visitors restricted the free flow of proceedings.

Old Colls took advantage of Souths dropping the kick off, securing an early try as our forwards combined to work up close to the Souths tryline where Jeshua crashed over. Souths returned the favour and in turn attacked deep into Old Colls territory, but their efforts were withstood through some stout defence and when Old Colls turned over the ball, the backs ran from behind our try line with Bartlett, Sadler and Darby combining for a 100m turnaround try.

Souths capitalised on Old Colls fumbling the restart, quickly pushing up to and through a disorganised defence for a try to open their account. Both sides each then had several offensive chances, but the pace of the game stilted as penalties mounted and halted attacking momentum. Eventually Frost forced a turnover and Smedley counter-attacked up one wing into South's half, with the support shifting the ball through the hands where Higgins found Hopkinson and he scored on the other side for a half time lead of 19 to 7.

Old Colls lost focus in the first 10 of the second half, dropping the kick off and knocking on 4 times, giving Souths ample opportunities with ball in hand and ultimately they progressed into our 22 and scored in the corner. More scrappy play from both sides smothered the flow of the game, until finally the Old Colls forwards started holding possession and punching rucks up the field into South's territory. This opened space up for Sadler to break through on halfway on the far wing, before he was caught and popped to Bartlett who finished the last 30m to score

Philips and Smedley kept the forward pods alternately attacking Souths and tracking into their red-zone, where a final drive crossed the line but was deemed to have been held up. Not to be defeated, the pack won a tight-head scrum and the ball was moved wide to McDonough who crashed over on the wing.

As the game wound to a close, Darby kicked through from behind the halfway, in the chase managing to soccer the ball into the 22 before being clipped from behind, but Sadler was in place to take a quick tap penalty and the last try.



Premier Reserve Grade Match Report

Old Collegians 39 v Souths 120

Tries: Adam Whitehead (2), Noah Sadler (1), Luke Clifton (1), Gilles Bonnet (1), Scott Fox (1), Andrew Kennett (1)

Conversions: Adam Whitehead (2)

As often reported, Souths can, and have been, very competitive in our Reserve grade matches for many years. We have suffered defeat in years when we had been taking all before us. We have had to work hard to graft out wins or hang on by the skin of our teeth. We have had to dig deep and come from behind more than once.

But not so much in this match. When gently asked 10 minutes before kick off if they would have enough lads to start, "We're building" was the glass half full response. Souths started with 13 though were soon at full strength. Unlike our round 4 encounter when Souths burnt us with outside pace and which you may recall was 17 all at halftime, we dominated this game scoring 4 tries, 1 conversion to a single try by halftime and ran out 39 to 10 winners (7 tries, 2 conversions). The first try came with 2 minutes of the kick off when Noah Sadler crossed the line. Luke Clifton was next, then Adam Whitehead and Gilles Bonnet. That last one converted by Adam. A try to Nic Litchfield and Adam's conversion just on halftime were disallowed due to a miscommunication over calling of the last play prior to the break. The procession continued in the second half with Adam scoring a second try, followed by Scott Fox and Andrew Kennett, which Adam converted.

Deserved best player votes to Matty Sharples who continues his terrific form. Luke Clifton and Adam Whitehead also amongst the best. Luke suffered an ankle injury scoring his try but soldiered on in exemplary fashion for the rest of the match. Noah Sadler was excellent, until laid low but a desperate, reaching tackle that almost took his head off - fortunately looked worse than it was. Great to have Tom Pike in the squad for the first time. Great, too, to have Paul Cleary, Bailey Clemens and the ever reliable James Sheekey back this week.



Under 18's — Match Report

Old Collegians 26 v Souths 14

Tries: Brad Killick, Patrick Sharkey, Ben Viljoen & Oliver Horne

Conversion: Ben Viljoen (2), George Hewitt (1)

After a win against a Brighton in the previous round and an excellent mid week training session - Old Collegians were confident going into the game against Souths. With a number of players unavailable Coaches Rob Smedley and James Bradley were forced to make some late changes to the starting line up, one of which saw Team Captain and Loose Head prop Brad Killick lead his team onto the field wearing the No. 13 shirt!!

Old Collegians started strongly and immediately assumed the ascendancy in most facets of play. Within the first few minutes a strong run by Ollie Horne through the centre of the park was supported by Brad Killick, who when tackled popped the ball to Ben Viljoen who muscled his way over the line in the corner for the first score of the game. With Souths camped in the their own half Old Collegians added further points to the scoreboard when Brad Killick drove low over the try line under the posts. Ben Viljoen added the points with a well struck conversion. As the first half drew to a close, a lapse of concentration in the Old Collegians defence allowed the South's winger to find himself with space outside to sprint in for a converted try. Half time 12 -7 in Old Colls favour.

Old Collegians regained their composure as the second half started, which saw some excellent phases of play. Old Collegians lineout was outstanding throughout, with Oscar Armstrong dominating on his own ball and even managing to pinch a few of Souths balls against the head. With confidence growing the Old Collegians back line penetrated the Souths defence out wide - from the resulting breakdown half back Patrick Sharkey found himself in space and darted over the line for a great try, that was well converted by George Hewitt. As the game entered the last quarter the call from the touchline was 'bonus point' - Ollie Horne rose to the challenge and having taken a great pass from George Hewitt on the 10 metre line glided past three defenders to touch down for Old Collegians 4th try of the game. Ben Viljoen stepped up and slotted the conversion.

In the latter stages of the game Souths did score a consolation try to round the game off at 26 vs 14 in favour of the Old Collegians. Despite the win - coaching staff asked for immediate focus and 'numbers' to training as the team prepares to take on the ladder leaders RAMS at Lyndoch this coming weekend.



Under 16's - Match Report

Old Collegians 17 v Souths 47

Tries: Jack Richards, Lefatu Egglestone & Thomas Gerges

Conversions: George Hewitt

A disappointing result for the Old Collegians U16s, but hardly surprising given the lacklustre performance on the paddock. That said Old Collegians did start well and whilst Souths started their scoring account in the first few minutes a well worked try and rounded off by a strong run by Jack Richards levelled the scores a short while later with George Hewitt adding the extra points with a well struck conversion.

The balance of the first half saw Souths extend their lead with a number of opportunist tries scored as a consequence of mistakes at the breakdown and missed tackles by the Old Collegians team. Stern words were shared by the Coaching Staff and players alike at half time and this appeared to have had the desired effect in the first few minutes of the second half as Old Collegians took the ball up the middle and pressured the Souths defence. The pressure paid off and Old Collegians pegged a couple of unconverted tries to make the score look a little more respectful.

This was short-lived though as the Souths team moved up a gear and scored three further tries to close out the game. Much to work on in training in preparation for the RAMS game at the weekend but with our injured players slowly making their way back into the team the signs are good for a strong finish to the second half of the season.



Under 12's - Match Report

Old Collegians 19 v Elizabeth 26

After a week's good training the team were ready for a hard match against Elizabeth.

We decided on a few position changes that we thought would work well. After the first 10 minutes we were 7 points up and playing some really good rugby.

Unfortunately we then started playing individual rugby and Elizabeth took advantage of it and ended up scoring 4 tries to our 3. Although some players had some really good moments of play, rugby is a team game.

This week we will work on team play and hopefully come together and have a great game against Barossa.

Thank you to all the parents that came out, for the oranges and washing the jumpers. You too are an awesome bunch.



 **RUGBY UNION SA**

U12 STATE TRIALS

PRIMARY SCHOOLS SPORT ASSOCIATION TOUR TO DARWIN 2017

DATE	:	23 JULY 2017
TIME	:	10:00
VENUE	:	WOODVILLE RUGBY CLUB

ELIGIBLE PLAYERS BORN IN 2005 AND 2006
TOUR 29 September – 2 October 2017 in Darwin

Under 10's - Match Reports

Old Collegians Blue 36 v Adelaide Uni 5

Tries: Noah Wilson, Ivan Arnold, Jack Bell, Fergus Keighran (3)

Conversions: Jack Bell, Fergus Keighran & Ivan Arnold

On Saturday morning the Old Collegians U10's Blue team took on Adelaide Uni at Tregenza Oval. This was our Blue team's 1st encounter against Uni for the season. We pitched in strong numbers and loaned Uni 3 players in each half, thank you to Jackson Brady, Oliver Collins & James Wade for helping out Uni in the 1st half and Tadhg Brophy, Charlie Waltham & Will Tanner for helping out Uni in the 2nd half. It was a great entertaining game of rugby with lots of highlights, our rucking was significantly better than the week before. We controlled the ball well in contact and managed to spread it around with a combination of tries scored by both our forwards and backs. It was very pleasing to our coaching group to see such a great team effort!

Congratulations to our weekly award winners as well as all those that helped out both our U10's opposition teams Brighton and Uni on the day.

Thank you to all our parent volunteers and a special mention to Sandi Taylor who refereed our U10's game for us! We look forward to see you all at training and to our game against Barossa on the weekend!

Old Collegians Red v Brighton Black

Weekly Award Winners – OC Red: Isaac Russell-Jarvie, Lucy Brennan & Marcus Pickard

The Old Collegians U10's Red team took on Brighton Black at Tregenza Oval in beautiful playing conditions on Saturday morning. Brighton has offered some strong opposition in the U10's this year and this game was not going to be any different, although Brighton this time round couldn't field a full team and we loaned them some of our U10's. We also took to the field without some of our regular red's players this week, which might have contributed to our lack of structure on the day and several players playing outside of their normal playing positions. Thank you to Fergus Keighran from the U10's Blue team who helped out the Red team this week.

It was certainly not our team's best performance to date as we were not disciplined enough in defence and let Brighton who plays a wide and expansive game have far too much possession, which they managed to convert into points on almost every occasion, at times by some of our Old Colls team mates helping them out. It is positive to know what we need to work on in training and to keep focussing on playing more as a team as we prepare for our next game against Burnside to be played at Womma Reserve. It is good to be challenged from time to time and the importance of "treasuring the ball", especially when we go in to contact cannot be emphasised enough. Some of our highlights include Kate Mocatta's try saving tackle on the far side of the field, which she executed beautifully as well as Saxon Talbot-Price and Thomas King's never give up attitude!

A special thank you to all our U10's who helped out Brighton on the day: Lucy Brennan, Nicholas Robertson & Jack Stowers in the 1st half and Charlie Kinniburgh, Ivan Arnold, Jack Bell & Sasha Humble from the Blue team in the 2nd half. Another positive was that all our red team players got to play a full game of rugby, without a single player on the bench. Congratulations to our weekly award winners!

We wish Jack Stowers a speedy recovery following his injury on the weekend and thank you to Mark Pickard, who always comes prepared with his whistle in hand to referee our U10's for us, much appreciated!



Under 8's Match Report

Old Collegians v Elizabeth

This week we played Elizabeth away from home on a very chilly morning.

Elizabeth did not have a full team of players so we lent them two different players for each half.

Thanks to Angus and Tristran for volunteering the first half and James and Manuel for the second half. This made it 7-a-side as one of our players had an injury.

There was very enthusiastic attack shown by our players this week - we seem to thrive in games in which there is more space to run. It was great to see the players puffing a bit with the exertion.

Jimmy was on fire and scored a monumental 8 tries this week. He was ably backed up by Cooper, who showed some really good pace for his 3 tries. There was also some good passing out of the tackle this week which helped to provide good continuity. Coupled with good support play, often this culminated in tries. Manuel's defence was unstoppable this week as he invariably tackled the player straight off the Elizabeth restarts, scoring a nice try as well and showing good pace. James was also in the thick of things with ball ripping, support play, lots of runs and a nicely taken try with a lovely timed hand-off. In between all of this Callum got his hands on the ball a lot, got stuck in and stretched his legs with the ball in hand, straightening up his runs much more as the match wore on and he helped set up some tries for Jimmy.

There was some nice running from the other members of the team with Oscar, Tristran and Zack getting hold of the ball and Angus providing some good support.

Things to work on: We need to concentrate on re-setting our attack picture and not bunching up.

The *Achievement Awards* this week went to **James Hicks** for getting involved in pretty much all aspects of play, **Manuel Docampo** for his effective and tireless defence and **Jimmy Ryan** for his well-taken tries. However, the *Coaches Award* went to **Callum Reeks** for his running play and for really getting stuck into the thick of things this week.

Well done to all our players and thanks to all our volunteers, coaches and of course the parents.



Under 7's Match Report

Old Collegians 10 v Elizabeth 9

A strong side represented Old Collegians at Elizabeth on Saturday with 20 attending to field a side of 8 and 7 players going to Elizabeth to boost their numbers.

5 of the 6 players for Elizabeth scored tries for the team answering back each of the Old Colls tries. All up 13 of the kids scored the total of 19 tries showing a good spread of talent at the game on Saturday and even teams.

This year we are seeing some great talents as usual but also a strong and reasonably uniform performance across the team with some players defending consistently each game and other playing offensive roles well. All players took part on Saturday and the team worked as one for the full game which lasted almost an hour being one of the longer games played by the kids this season.

This week's focus was on some deeper fundamentals taught well by Coach Nate at half time including how the traditional 'V' might work better than the usual crowding the ball. This week also had some valuable lessons at being good sports on the pitch, after a more eventful game than normal...with the Coaches responding with well placed discipline seeing it as an opportunity to teach the behaviours and attitude of being a good sport.

Given this lesson, players who volunteered for Elizabeth all received encouragement awards, Campbell, Zander, Fergus, Billy, Anna, and Caleb.



FOXTEL VIVA7s
Non-contact 7s Rugby



RUGBY UNION SA

7s RUGBY OLYMPIC PATHWAY

DATE
Saturday, 16 September 2017

LOCATION
Parkinson Oval

COST
Free

FURTHER INFORMATION
info@sarugby.com.au

Girls aged 15-17 of any sporting background are invited to join a club or form their own team and enter our full-day VIVA7s tournament. We'll even send you a coach to teach you how to play! The best players will be invited to join the SA U17 Rugby 7s squad!

Join a club or enter your own team



RUGBY UNION SA

7s RUGBY OLYMPIC PATHWAY

DATES
Sept: 9, 16, 24, 30

LOCATION
Wilfred Taylor
Parkinson
Womma
Wilfred Taylor

FURTHER INFORMATION
info@sarugby.com.au

Rugby SA invites clubs and schools to enter teams into the SA Youth 7s Championships. Enter into an individual tournament or all four! U13 mixed, U15 mixed and U17 Boys. With selectors in attendance, you have the opportunity to be selected in the U17 7s state team, with an Aus and Olympic pathway!

Have fun designing the **Senior Falcons kit** and get a load of free gear with your entry!! Also help raise funds for the Senior Falcons team tour to Melbourne! **\$10 entry** and you get - socks, boot bag, USB, stress ball and key ring! Enter before August 4th 2017: Jason.hyman@sarugby.com.au



FREE

Bootbag, Midi training socks, USB, Stress ball and Keyring with every \$10 entry into the

DESIGN THE FALCONS KIT COMPETITION



O'Neills

Competition Entry Form



Complete your design and enter before 4 August 2017 to

PO Box 43
North Adelaide
SA
5006

Or
Jason.hyman@sarugby.com.au

O'Neills



Name _____

Age _____

Club/School _____

Sock Size _____

Sock Colour _____

Contact No. _____

Email Address _____

Southern Suburbs Rugby Club

**WEAR YOUR COLOURS
SUPPORT YOUR TEAM**



SOUTHS RUGBY UNION CLUB
1ST JULY { HOME GAME AGAINST ONKAS }
FAMILY FUN DAY + MORE

**LAMB & PORK ON A SPIT
KARAOKE
BEER PONG TABLE**
PART FUNDS TO GO TOWARDS THE BUKSH FAMILY

Proceeds from the night to assist the Buksh family after Derek's heart attack at Souths club the previous week and his consequence triple bi-pass surgery.

If you would care to make a donation please contact their Club Secretary: email info@southsrugby.com.au :
Phone: 8293 6192



OLD COLLEGIANS RUGBY UNION CLUB
Melbourne Cup Luncheon

It's back in 2017



Sunday 5th November 12noon—4pm
In the OC Clubrooms

Don't miss out! Limited tickets available

\$140 per couple – Food & Drinks package

Live music !

\$1000 FIRST PRIZE
(There were 3 winners last year—it could be you this time)

Draw your own horse !
Make weekly payment at the Bar!

Further details contact: Barry Hickman 0403 600 908

Save these Dates

July

Sat 8th
Sat 15th
Sun 16th
Sat 22nd
Sat 29th

Sponsors Day and Curry Night

Competition Bye

Crippled Crows at Tregenza

Movie Night

Ladies Day Fundraiser - YWCA's Encore Program

(Survivorship program for women who have survived Breast Cancer)

Bob Burgess Cup

Sat 29th

August

Sat 19th
Sun 20th
Sat 26th
Sun 27th

Round 1 Finals

Round 1 Finals

Round 2 Finals

JPP Gala Day

September

Sat 2nd
Fri 8th
Sun 10th

Grand Finals

Senior Presentation

Junior Presentation Day

Please note change of dates

November

Sun 5th

Melbourne Cup Luncheon

Contact: Barry Hickman 0403 600 908

December

Christmas Party



Volunteer Corner—Saturday 24th June



Old Collegians Ladies Day

Date: Saturday 29 July

Time: 1pm - 5pm

Tickets: \$25* (pre-purchase tickets at the bar)

Includes: Glass of sparkling on arrival,
grazing table, fresh oysters, wine tasting and more!

*raising funds for YWCA Encore- After Breast Cancer Program



Club Sponsors 2017



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